



Traffic Safety News

From the Delaware Office of Highway Safety

Fans Don't Let Fans Drive Drunk

Is the only thing that makes a cold winter day worthwhile the thought of being inside, watching the big game? This is an exciting time of the year for football fans....it's the Super Bowl! Whether your team is in it or not, many people just enjoy getting together at a friend's house or sports bar to watch the big game. When you are making plans for Super Bowl Sunday, remember to include a safety in your line-up. Fans Don't Let Fans Drive Drunk.

What you need to know

Delaware is serious about stopping those who choose to drive impaired. Consider the following:

- 4,795 people were arrested for DUI in 2012
- An arrest for DUI can cost up to \$3,650 in fees, fines, and mandatory classes.
- Additional costs to consider: lost time from work, increased insurance rates, possible damage to vehicle, and potential loss of life or injury to yourself or others.

What you can do

To avoid unnecessary penalties and stay safe on the night of the big game, make the following safety tips part of your playbook:

If you are having friends over:

- Before kickoff, make sure all of your guests have a sober designated driver for the ride home.
- Serve plenty of high protein foods like meat and cheese, or sandwiches and avoid the chips – salty snacks make people want to drink more.
- Provide non-alcoholic drink alternatives - soft drinks, juice, and water.
- Stop serving alcohol at the end of the third quarter of the game (just like NFL stadiums).

If you are watching at a friend's house, sports bar, or restaurant:

- Designate a sober driver before you leave home or volunteer to be one yourself.
- Avoid drinking too much alcohol too fast or on an empty stomach. Pace yourself—eat foods rich in protein, take breaks, and alternate with non-alcoholic drinks.
- Finally, never let a friend leave your sight if you think they are about to drive while impaired.

Drive Sober. Arrive Alive DE.

This message is being sent to you by the Office of Highway Safety, who asks you to drive safely at all times. For more information on this and other traffic safety programs, go to www.ohs.delaware.gov.